

HEALTH AND WELLBEING BOARD			
Report Title	Health and Wellbeing Board – Mental Health Workshop - Update		
Contributors	Kenneth Gregory Joint Commissioning Lead	Item No.	7
Class	Part 1	Date	1 March 2018

1. Purpose

1.1 The purpose of this report is to provide an overview of the work undertaken following the Health and Wellbeing workshop held on the 29th November 2017. A series of actions were agreed during the workshop and the report provides a formal update on these agreed actions.

2. Recommendations

Members of the Health and Wellbeing Board are recommended to:

2.1 Note the content of the report for information

3. Policy Context

3.1 The 'No Health Without Mental Health': A cross-governmental mental health strategy for people of all ages 2011- established a vision for improving the mental health and wellbeing of the population. The document recognized the correlation between physical and mental health and sought to achieve equal focus on both.

3.2 The NHS Five Year Forward View Mental Health implementation plan continued to recognize the correlation between good physical and mental health and established a set of objectives that would seek to ensure that access to mental health care became consistent with the access to physical health care.

3.3 'Closing the Mortality Gap - Opportunities in Sustainability Transformation Planning' outlines that there is a health and well-being gap reflected in the 10-20 year mortality gap for those with SMI. This is related to a care and quality gap in provision of physical health care.

4. Background

4.1 'Closing the Mortality Gap' further outlines that individuals with mental health problems from marginalised groups including Black and Minority Ethnic (BME) communities, homeless people, older adults, those in

contact with the criminal justice system and people with learning disabilities have a further elevated risk of poor health outcomes.

- 4.2 South London and Maudsley Lewisham service Ethnicity report 2017 - outlines that individuals that categorise themselves as Black are over-represented in psychosis treatment teams, acute inpatient wards and forensic community services.
- 4.3 The over-representation of Black service users with inpatient, psychosis and forensic services across all of the SLaM boroughs is well documented. Examples of engagement with Black communities to improve Mental Health awareness and the experience of black service users are being developed across Lambeth, Southwark and Croydon and SLaM have demonstrated a commitment to sharing some of the learning and methods from these projects.

5. Summary of progress on HWB workshop actions

5.1 The Health and Wellbeing Workshop on the 29th November agreed the following actions and progress on each action is outlined below

5.2 Lewisham Mental Health Stakeholder Conference is scheduled for 1st February 2018. Agenda to include session re Black Thrive initiative. (Kenneth Gregory)

- a) A workshop entitled engaging black communities was held during the Mental Health stakeholder event with presentations delivered by Family Health Isis (Experience of engaging established Black communities within Lewisham) and Bromley & Lewisham Mind Vulnerable Migrants and Refugees Project (Experience of engaging new and emerging communities) – the workshop highlighted that establishing Trust between providers and services users was a key enabler for engagement, cultural awareness, the use of mother tongue languages, improvement of mental health literacy/awareness and recognition of barriers to life improved opportunities such as offending histories. It was agreed that the key highlighted issues would be used to inform the Thrive workshop in March.

5.3 Lewisham CCG to help identify Black community leaders who could comprise the Lewisham Independent Advisory Group. (Marc Rowland)

- a) Lewisham CCG officers and SLaM have meet with the representatives of the BME network to discuss the development of an Independent Advisory Group it was agreed that an invitation email that can be sent to potential interested parties would be drafted for the BME Network and Health watch. The email has been drafted and will be forwarded to both the BME Network and Healthwatch for circulation.

5.4 If Lewisham want to consider adopting a Black Thrive approach, then a Thrive London workshop could be adapted for delivery at the end of February 2018, informed by the Lewisham Mental Health Stakeholder Conference. (Kenneth Gregory)

- a) A Thrive London workshop has been scheduled to take place on the 14th March at 2pm. The Highlighted issues from the Mental Health stakeholder day lack community engagement workshop will be integrated into the information pack that will inform the event.
- b) The attendance list from the Mental Health stakeholder will receive a formal invitation to the event and other interested parties will also be invited
- c) Lewisham Public Health and Joint Commissioning Team are jointly supporting the co-ordination of this event.

6. Financial Implications

6.1 There are no specific financial implications arising from this report.

7. Legal Implications

7.1 There are no specific legal implications arising from this report

8. Crime and Disorder Implications

8.1 There are no specific crime and disorder implications arising from this report.

9. Equalities Implications

9.1 There are no specific equalities implications arising from this report.

10.Environmental Implications

10.1 There are no specific environmental implications arising from this report.

11.Conclusion

11.1 The report focuses the progress that have been made against the actions from the Health and Wellbeing Workshop that was held on the 29th November 2017. The aim is to ensure that Health and Wellbeing Members

are kept informed of the latest developments related to the engagement and development work that is taking place with local black communities that may lead to an improvement in outcomes for our local population.